



Paediatric Critical Care Research Fellowship Retreat 3rd to 5th November 2025

Faculty: Sofia Cueva-Asturias, Padmanabhan Ramnarayan, Silvia Giampieri, Emma Shkurka, Emma Alexander, Becky Mitting, Julie Menzies, Lyvonne Tume, Kathy Rowan

Time	Session	Contents of session	Tutor/ Speaker
Day 1: 13:00-17:00			
13:00-13:15	Registration		
13.15-13.30	Welcome & Introduction	Outline of retreat and outcomes/impact	Sofia Cuevas-Asturias
13:30-14:15	What is a fellowship? 1. Person 2. Project 3. Place the 3 Ps of fellowship writing	What makes a fellowship application stand out? Differences between a fellowship to a research grant.	Ram/Lyvonne Tume
14:15-15:00	Panel expert perspectives from RfPB, HTA and other fellowships	What do panellists want to see /hear in a fellowship?	Lyvonne Tume
15:00-15:30	NIHR Impact		Kathy Rowan
15:30-15:45	Comfort break		
15:45-16:15	PPIE with PCC context	Why is PPIE integral to developing PCC research?	Julie Menzies/PPIE group
16:15-17:00	Examples of previous applications	Small group work	Tutor-led 2-5 groups according to the fellowship planned.
17.00-17.10	First day summary	Learning points	Sofia Cuevas-Asturias
18:30	Networking and Dinner		
Day 2 08:30-17:00			
08:45-09:00	Registration		



09:00- 09:45	How to prepare a research-focused PCC CV: traditional vs narrative		Emma Shkurka
09:45-10:15	PCC research finance session	Costing your study and preparing a realistic study budget	Becky Mitting
10.15-10:30	Coffee Break		
There are 4 breakout sessions as per the timetable below, with experts on-hand to discuss aspects of fellowships as required, with appointments of 10-minute slots <i>(Depending on RSS/PPIE availability, and tutors will require fine-tuning)</i>			
10:30-12:30	Breakout session 1: Individual - work	Writing session 1 suggested target: 1. Aim and outcomes 2. Methodology 3. Timeline (Gantt Chart) 4. Tentative costing	2-5 groups according to the fellowships planned. Each group approx. 5 individuals with a group mentor & individual writing goal
12:30-13:00	Lunch		
13:00-14:15	Breakout session 2: Individual - work	Writing session 2 suggested target: 1. Impact 2. PPIE Strategy 3. Delivery & costs	2-5 groups according to the fellowships planned. Each group approx. 5 individuals with a group mentor & individual writing goal
14:15-14:45	Break		
14:45:16:30	Breakout session 3: Individual - work	Writing session 3 suggested target: 1. Outline personal research value, need & impact	2-5 groups according to the fellowships planned. Each group approx. 5 individuals with a



		of fellowship award. 2. Draft 3-5 slides with title, Aim(s), planned output/impact and timeline	group mentor & individual writing goal
16:30-17:00	The importance of the Elevator Pitch	How to sell your idea/argument	Kathy Rowan
18:30	Networking and Dinner		
Day 3 09:00-16:00			
09:00-09:30	Inspirational Speaker from PCC	Why did I decide to do a fellowship, and my journey to it.	Emma Alexander
09:30-12:00	Breakout session 4: Small group work	Writing session 4 suggested target: 1. Draft plan and Powerpoint finalising. 2. Gap analysis with follow-up actions and timelines.	2-5 groups according to the fellowships planned. Each group approx. 5 individuals with a group mentor & individual writing goal
12:00-12:15	Submission of the fellowship presentation		
12:15-13:15	Lunch and Networking		
13:15-15:15	Presentations & Feedback	3-minute presentation	Feedback from the panel (5 min for each individual)
15:15-15:30	Closing remarks		Sofia Cuevas-Asturias
15:30-16:00	Coffee, snacks and depart		